

# *Induduzo evela eZwini*



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# *Isandulelo*

Mfundi Othandekayo

Uma umuntu engaphansi kwengcindezi futhi edinga amandla kanye nendunduzo evela eNkosini, kuvamise ukuba azizwe ephelelwa amandla. Lezi zingxenye zeZifundo ezitholakala kuMahubo zibekwe ndawonye ngaphansi kwezihloko ukukusiza ukuba uthole amavesi eSifundo esifanelekile ezimweni zakho ezithile.

Kuwumkhuleko wethu ukuba amakholwa adinga induduzo yomphefumulo noma usizo athole amandla avela kuNkulunkulu ukuze abhekane nempilo enethemba elisha kanye namandla.

Lezi zingxenye zeZifundo zikukhomba endaweni eyodwa eyethembekile yokucasha enikezwa uBaba oseZulwini kubantwana bakhe.

*Abadidiyeli*



UNkulunkulu uyisiphephelo sethu namandla ethu,  
ufunyaniswa elusizo impela ekuhluphekeni.

*(AMahubo 46:1)*

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# *Ukuthembela kuNkulunkulu*

— *AMahubo 123:1-3a* —

Ngizowaphakamisela kuwe amehlo ami,  
Wena ohleli ezulwini.  
Njengamehlo ezinceku,  
ebheke izandla zamakhosi azo,  
namehlo encekukazi,  
ebheke isandla senkosikazi yayo,  
kanjalo nathi amehlo ethu  
abheke kuSimakade uNkulunkulu wethu,  
aze abe nomusa kithi.

Sihawukele, Simakade, sihawukele.

— *AMahubo 146:3-5* —

Ningathembeli ezikhulwini nasemadodaneni abantu,  
eningeke nathola lusizo kubo.  
Umoya wakhe uyaphuma,  
yena abuyele emhlabathini wakhe,  
ngalo lolo suku amacebo akhe ayaphela.

Ubusisiwe lowo omsizi wakhe  
kunguNkulunkulu kaJakobe,  
othemba lakhe likuSimakade uNkulunkulu wakhe.

— *AMahubo 121:1-8* —

Ngiphakamisela amehlo ami ezintabeni,  
usizo lwami luyakuvelaphi na?

Usizo lwami luvela kuSimakade,  
owenzile izulu nomhlaba.

Akayukuluvumela unyawo lwakho lushibilike;  
okulondayo akozeli.  
Impela olonda u-Israyeli akozeli,  
futhi akalali.

USimakade ungumvikeli wakho,  
uSimakade ungumthunzi wakho  
ngasesandleni sakho sokunene.  
Ilanga aliyukukushaya emini,  
nenyanga ebusuku.

USimakade uzokuvikela kukho konke okubi,  
awugcine umphefumulo wakho.  
USimakade uyolondoloza ukuphuma kwakho  
nokungena kwakho,  
kusukela manje kuze kube phakade.

*Funda futhi: AMahubo 146*

## *UMnini mandla onke*

— *AMahubo 24:1-2,9-10* —

Umhlaba ungokaSimakade nakho konke okukuwo,  
izwe nabakhileyo kulo,  
ngokuba nguye owawumisa phezu kwezilwandle,  
wawusekela phezu kwemifula.

Phakamisani amakhanda enu masango!  
Niphakame nani minyango yaphakade,  
ukuze iNkosi yenkazimulo ingene.

Ingubani le Nkosi yenkazimulo na?  
InguSimakade Wamabandla,  
nguYena oyiNkosi yenkazimulo.

*Sela*

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*AMahubo 29:1-4,10-11*

Mnikeni udumo uSimakade,  
nina zidalwa zezulu.  
Mnikeni uSimakade udumo,  
inkazimulo namandla.  
Mnikeni uSimakade udumo olufanele igama lakhe,  
mdumiseni uSimakade ebukhazikhazini bakhe obungcwele.  
Izwi likaSimakade liphezu kwamanzi,  
uNkulunkulu wenkazimulo uyaduma;  
uSimakade uphezu kwamanzi amaningi.  
Izwi likaSimakade linamandla.  
Izwi likaSimakade liyinkazimulo.

USimakade uhleli phezu kwezikhukhula,  
uSimakade uyiNkosi,  
ubusa kuze kube phakade.  
USimakade uzokupha abantu bakhe amandla.  
USimakade uzobusisa isizwe sakhe ngokuthula.

## *Ukuphatheka kabi*

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*AMahubo 119:28*

Umphefumulo wami uyakhala ngenxa yosizi;  
ngiqinise ngokwezwi lakho.

*Funda futhi: AMahubo 42:3-5,8-10*

# Ukukhathazeka

— *AMahubo 116:1-6* —

Ngiyamthanda uSimakade,  
ngokuba uyalizwa izwi lokukhuleka kwami.  
Ngokuba ubeke indlebe yakhe kimi,  
ngizokhuleka kuye ngisaphila.

Izintambo zokufa zingithandele,  
nobuhlungu bendawo yabafuleyo bungibambile,  
ngibhekene nosizi nezinhlopheko.  
Ngase ngibiza igama likaSimakade, ngathi:

“Ngiyakuncenga, Simakade,  
hlenga umphefumulo wami.”

USimakade unomusa, ulungile,  
uNkulunkulu wethu unobubele.  
USimakade uyamvikela ongenakuzisiza;  
lapho ngithotshisiwe, Yena wangisindisa.

— *AMahubo 22:1-3* —

Nkulunkulu wami,  
Nkulunkulu wami,  
ungishiyeleni na?  
Ukude namazwi  
okububula kwami  
nokusindiswa kwami.  
Nkulunkulu wami,

ngikhala emini,  
kepha awuphenduli,  
nasebusuku, ngingabi nakuthula.

Kepha Wena ungoNgcwele,  
uhlezi ezibongweni zika-Israyeli.

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*AMahubo 22:24-25*

Ngokuba akamedelelanga,  
akanengwanga yinhlupheko yohlushwayo.  
Akamfihlelanga ubuso bakhe,  
kodwa wamuzwa ngesikhathi enxusa.

Ukudumisa kwami kuyakuvela kuwe  
ebandleni elikhulu,  
izithembiso zami ngiyozifeza  
phambi kwalabo abamesabayo.

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*AMahubo 119:137-144*

Wena Simakade ulungile;  
izehlulelo zakho ziqotho.  
Ubufakazi bakho ubuqoke ngokulunga  
nangokwethembeka okukhulu.  
Ukushisekela kwami kungidlile,  
ngokuba izitha zami zikhohliwe ngamazwi akho.  
Izwi lakho lihloliwe kakhulu,  
yingakho inceku yakho ilithanda.  
Ngimncane, ngedelelekile;  
nokho iziyalezo zakho angizilibali.  
Ukulunga kwakho kungukulunga okuphakade;  
umthetho wakho uyiqiniso.

Ukuhlupheka nosizi kungehlele;  
 imiyalo yakho iyintokozo yami.  
 Ukulunga kobufakazi bakho  
 kumi ingunaphakade;  
 ngiphe ukuqonda ukuze ngiphile.

---

*AMahubo 34:5-7*

Ababheka kuye, baba nokukhanya.  
 Ubuso babo abusoze bajabha.  
 Nasi isihlupheki esakhala uSimakade wasilalela,  
 wasisindisa kuzo zonke izinhlupheko esasikuzo.  
 Ingelosi kaSimakade ikanisa nxazonke  
 kulabo abamesabayo, ibakhulule.

*Funda futhi: AMahubo 25:16-22; 27:7-14;  
 31:10-14; 69:1-3,14-18,29-36*

## *Ukuvikeleka*

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*AMahubo 63:1-8*

Nkulunkulu, Wena unguNkulunkulu wami, ngiyakufuna.  
 Umphefumulo wami womele Wena,  
 umzimba wami ulangazelela Wena,  
 ezweni eligagadekileyo,  
 lapho kungekho khona amanzi.

Yingakho ngikufuna endaweni engcwele,  
 ngibone amandla akho nenkazimulo yakho.  
 Ngokuba umusa wakho muhle kunokuphila,  
 izindebe zomlomo wami zizokudumisa.  
 Yingakho ngizokubonga,

inqobo nje uma ngisaphila.  
 Ngizophakamisa izandla zami egameni lakho.  
 Umphefumulo wami uyosutha  
 kube sengathi usuthiswe ngamanoni namafutha,  
 umlomo wami ukudumise ngezindebe ezethabayo,  
 lapho ngikukhumbula embhedeni wami,  
 ngizindla ngawe kwesikabhadakazi.  
 Wena ungisizile,  
 ngizokwethaba emthunzini wamaphiko akho.  
 Umphefumulo wami ubambelele kuwe,  
 esokunene sakho singisekele.

---

*AMahubo 91:1-6,15*

Lowo ohlala emphemeni woPhezukonke  
 akhosele emthunzini kaSomandla,  
 uyothi kuSimakade:

“Uyisiphephelo sami nenqaba yami,  
 unguNkulunkulu wami engethembele kuye.”

Ngokuba nguYena oyokuhlenga ogibeni  
 lomcuphi nasobhubhaneni,  
 uyokusibekela ngezimpaphe zakhe,  
 uphephele phansi kwamaphiko akhe,  
 ukwethembeka kwakhe kuyisihlangu nogange.  
 Awuyukwesaba okwesabisayo ebusuku,  
 nomcibisholo ondizayo emini,  
 nobhubhane oluhamba ebumnyameni,  
 nesifo esibhubhisayo emini bebade.

Uyakungibiza, ngimphendule,  
 ngibe naye lapho esosizini, ngimkhulule,  
 ngimenze abe nodumo.

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*AMahubo 84:1-4,11-12*

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Wo, zithandeka kangaka izindlu zakho,  
Simakade Wamabandla!  
Umphefumulo wami ulangazelela,  
womela amagceke kaSimakade.  
Inhliziyo yami nomzimba wami  
kuhuba ngokwethaba kuNkulunkulu ophilayo.

Ngokuba inyoni ifumene isidleke,  
nenkonjane yazitholela isidleke sayo,  
lapho ingabeka khona amaphuphu ayo,  
ngisho kuma-althare akho,  
Simakade Wamabandla,  
Nkosi yami, Nkulunkulu wami.  
Babusisiwe abahlala endlini yakho;  
bayakuhlala bebonga Wena.

*Sela*

Ngokuba uSimakade uNkulunkulu, uyilanga nesihlangu,  
uSimakade uyakupha umusa nodumo,  
akayukubenzabela okuhle abahamba ngobuqotho.

Simakade Wamabandla,  
ubusisiwe okwethembayo.

*Funda futhi: AMahubo 121; 92; 144; 139:5-10*

# Injabulo

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— *AMahubo 16:7-11* —

Ngiyakudumisa uSimakade ongelulekayo.  
Nasebusuku inhliziyo yami iyangiqondisa.  
Ngiyohlala njalo ngibheke kuwe Simakade,  
ngokuba Wena ungakwesokunene sami,  
angiyukuzanyazanyiswa.  
Ngakho-ke inhliziyo yami iyathokoza,  
nomphefumulo wami uyethaba,  
ngisho nomzimba wami  
uyohlala ulondekile.  
Ngokuba awuyiyekelanga  
impilo yami kwelabafileyo;  
nokuba othembekileyo wakho abone igodi.  
Uyakungazisa indlela yokuphila;  
phambi kwakho kunenjabulo epheleleyo;  
intokozo yaphakade,  
ingakwesokunene sakho.

---

— *AMahubo 30:1-5* —

Ngiyakuphakamisa Simakade,  
ngokuba ungitakulile,  
awuvumanga ukuba izitha zami  
zithokoze ngami.  
Simakade, Nkulunkulu wami,  
ngikhale kuwe ngicela usizo,  
wangiphulukisa.  
Simakade ukhulule umoya wami  
endaweni yabafileyo,  
wangigcina ngiphilile,  
angaze ngashona egodini.

Mdumiseni uSimakade, nina bathembekileyo bakhe,  
 nibonge igama lakhe elingcwele.  
 Ngokuba intukuthelo yakhe ingeyesikhashana,  
 umusa wakhe umi ingunaphakade.  
 Ukulila kungadonsa kuze kuhlwe;  
 injabulo iqhamuke ekuseni.

*Funda futhi: AMahubo 16; 147; 148; 30*

## *Ukubonga*

— *AMahubo 18:32-33,35-36* —

UNKulunkulu ongibhincisa amandla,  
 owenza indlela yami iphelele.  
 Wenza izinyawo zami zibe njengezendluzele,  
 angimise ngiqine ezindaweni zami eziphakemeyo.

Wena unginike isihlangu  
 sensindiso yakho,  
 isandla sakho sokunene singiphasile,  
 ubukhona bakho bungenze ngaba mkhulu.  
 Wandisile izinyathelo zami phansi kwami,  
 namaqakala ami awabhinyikanga.

— *AMahubo 103:1-5* —

Mbonge uSimakade, mphefumulo wami,  
 konke okungaphakathi kimi  
 makulibonge igama lakhe elingcwele.  
 Mbonge uSimakade, mphefumulo wami,  
 ungaze wakhohlwa yimisebenzi yakhe yonke yomusa,  
 Yena othethelela zonke izono zakho,

owelapha zonke izifo zakho,  
okhulula ukuphila kwakho ekubhujisweni,  
okuqhelisa ngomusa nangobubele,  
osuthisa ukulangazelela kwakho ngokuhle,  
ubusha bakho bubuyiswe njengokhozi.

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— *AMahubo 9:1-2* —

Ngiyakumbonga uSimakade ngenhliziyo yami yonke;  
ngilande ngazo zonke izimangaliso zakho.  
Ngiyakuthokoza, ngethabe kuwe;  
ngilihubele igama loPhezukonke.

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— *AMahubo 28:6-9* —

Makabongwe uSimakade,  
ngokuba ulizwile izwi lokunxusa kwami.  
USimakade ungamandla ami, nesihlangu sami,  
inhliziyo yami yethembele kuye,  
yingakho ngisizakele,  
inhliziyo yami iyethaba.  
Ngizomdumisa ngehubo lami.

USimakade ungamandla abantu bakhe.  
Uyinqaba eyinsindiso yogcotshiweyo wakhe.  
Sindisa abantu bakho,  
ubusise ifa lakho, ubeluse,  
ubathwale, kuze kube phakade.

*Funda futhi: AMahubo 66; 103; 116; 149; 150*

# Ukugula kakhulu noma ukufa

— AMahubo 39:4-7 —

“Simakade, ngazise isiphetho sami,  
 nokuthi zingakanani izinsuku zami;  
 mangazi ukuthi ngingodlulayo.  
 Bheka, izinsuku zami wazenza zaba  
 ngangobubanzi besandla,  
 imihla yokuphila kwami ayilutho kuwe,  
 impela yilowo nalowo muntu  
 ungumoya nje,  
 noma eqine kangakanani.

*Sela*

“Impela umuntu uhamba njengesithunzi nje,  
 impela uzikhathaza ngokuyize nje;  
 unqwabela imfuyo,  
 kepha akazi ukuthi ngubani ozakuyibutha.

“Manje, Nkosi, ngisalindeleni na?  
 Ithemba lami likuwe.”

— AMahubo 116:1-6 —

Ngiyamthanda uSimakade,  
 ngokuba uyalizwa izwi lokukhuleka kwami.  
 Ngokuba ubeke indlebe yakhe kimi,  
 ngizokhuleka kuye ngisaphila.

Izintambo zokufa zingithandele,  
 nobuhlungu bendawo yabafuleyo bungibambile,  
 ngibhekene nosizi nezinhlupheko.

Ngase ngibiza igama likaSimakade, ngathi:

“Ngiyakuncenga, Simakade,  
hlenga umphefumulo wami.”

USimakade unomusa, ulungile,  
uNkulunkulu wethu unobubele.  
USimakade uyamvikela ongenakuzisiza;  
lapho ngithotshisiwe, Yena wangisindisa.

*Funda futhi: AMahubo 86:1-13; 88; 102; 142*

## *Umkhuleko*

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*AMahubo 34:4-8*

Ngamfuna uSimakade, wangiphendula;  
wangikhulula kulo lonke uvalo lwami.  
Ababheka kuye, baba nokukhanya.  
Ubuso babo abusoze bajabha.  
Nasi isihlupheki esakhala uSimakade wasilalela,  
wasisindisa kuzo zonke izinhlupheko esasikuzo.  
Ingelosi kaSimakade ikanisa nxazonke  
kulabo abamesabayo, ibakhulule.  
Yizwani, nibone  
ukuthi uSimakade muhle;  
babusisiwe labo abaphephela kuye.

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*AMahubo 71:1-3*

Kuwena, Simakade, ngiyakhosela,  
mangingajabhi naphakade.

Ngokulunga kwakho ngikhulule, ungihlenge;  
 beka indlebe yakho kimi, ungisindise.  
 Yiba yidwala lami lokukhosela,  
 engiza kulo njalo;  
 uyalezile ukuba ngisindiswe,  
 ngokuba uyidwala lami nenqaba yami.

---

*AMahubo 86:6-8*

Simakade, lalela umkhuleko wami,  
 uzwe izwi lokunxusa kwami.  
 Ngosuku lokuhlupheka kwami ngikhala kuwe,  
 ngokuba uzongiphendula.

Phakathi kwabo bonke onkulunkulu,  
 akekho onjengawe, Nkosi,  
 akukho okunjengemisebenzi yakho.

## *Ukuthobeka kuNkulunkulu*

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*AMahubo 119:33-34*

Simakade, ngikhombise indlela yezimiso zakho;  
 ngizoyigcina kuze kube sekugcineni.  
 Ngiphe ingqondo,  
 ukuze ngiwuqaphele umthetho wakho,  
 ngiwugcine ngenhliziyo yami yonke.

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*AMahubo 119:129-133*

Ubufakazi bakho buyamangalisa,  
 yingakho umphefumulo wami ubugcina.

Ukwambulwa kwamazwi akho kunika ukukhanya,  
kuyabaqondisa abangenalwazi.  
Ngivula umlomo wami, nginelukuluku,  
ngokuba ngiyayilangazelela imiyalo yakho.  
Bheka ngakimi,  
ube nomusa kimi njengoba wenza  
kwabathanda iGama lakho.  
Izinyathelo zami ziqinise ezwini lakho;  
mangingabuswa nayinye inkohlakalo.

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*AMahubo 119:10-11*

Ngikufunile ngenhliziyo yami yonke,  
mangingaphambuki emiyalweni yakho.  
Enhliziyweni yami ngiyalilonda izwi lakho,  
ukuze ngingoni kuwe.

## *Ukholo*

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*AMahubo 31:14-16,22,24*

Kepha mina  
ngethemba Wena Simakade,  
ngithi:

“Wena unguNkulunkulu wami.”

Izikhathi zami  
zisesandleni sakho,  
ngikhulule esandleni  
sezitha zami

nakulabo abangizingelayo.  
 Khanyisa ubuso bakho  
 phezu kwenceku yakho,  
 ngomusa wakho ungisindise.

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*AMahubo 33:18-22*

Impela iso likaSimakade  
 liphezu kwalabo abamesabayo,  
 kulabo abethembela emseni wakhe,  
 ukukhulula umphefumulo wabo ekufeni,  
 nokubagcina bephilile endlaleni.

Umphefumulo wethu ulindele uSimakade;  
 uwusizo lwethu nesihlangu sethu.  
 Inhliziyo yethu ithokozile gaye,  
 ngoba sethamba igama  
 lakhe elingcwele.  
 Simakade, umusa wakho mawehlele phezu kwethu,  
 njengalokhu sithemba Wena.

*Funda futhi: AMahubo 69:29-36*

## *Ubukhulu*

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*AMahubo 89:5-9*

Simakade, izimangaliso zakho ziyodunyiswa ngamazulu,  
 ukwethembeka kwakho, ebandleni labangcwele.  
 Ngubani osemafini ongalinganiswa noSimakade na?  
 Ngubani phakathi kwamadodana kaNkulunkulu

ongafaniswa noSimakade na?  
 UNkulunkulu uyesabeka kakhulu emkhandlwini  
 wabangcwele,  
 umelwe ukuhlonishwa kakhulu  
 yibo bonke abamzungezileyo.  
 Simakade, Nkulunkulu Wamabandla,  
 ngubani onjengawe na?  
 Somandla, Simakade,  
 ukwethembeka kwakho kukuzungezile.

Wena ubusa amadlambi olwandle  
 lapho amaza alo ephakama,  
 Wena uyawathulisa.

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*AMahubo 8:1-4*

Simakade, Nkulunkulu wethu,  
 yeka ukubabazeka kwegama lakho  
 emhlabeni wonke!  
 Wena obeke inkazimulo yakho phezu kwamazulu.  
 Emlonyeni wezingane nowabancelayo,  
 umisile amandla ngenxa yezitha zakho,  
 ukuze ushabalalise isitha nomphindiseli.

Lapho ngibuka izulu lakho,  
 umsebenzi weminwe yakho,  
 inyanga nezinkanyezi okumisileyo,  
 uyini umuntu ukuba umkhumbule,  
 nendodana yomuntu ukuba uyinake na?

*Funda futhi: AMahubo 19:1-6; 48:1,10-11*

# Ubukhosi

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— *AMahubo 96:10-13* —

Shonini phakathi kwezizwe, nithi:

“USimakade uyinkosi;”  
umhlaba umi uqinile, awunakunyakaziswa.  
Uyokwehlulela izizwe ngobuqotho.  
Malijabule izulu, umhlaba uthokoze,  
maluhlokome ulwandle, nakho konke okukulo.  
Mawethabe amasimu, nakho konke okukuwo,  
kwename imithi yonke yehlathi  
phambi kukaSimakade,  
ngokuba uyeza,  
impela uyeza ukuzokwehlulela umhlaba.  
Uzowehlulela ngobuqotho umhlaba,  
nezizwe ngokwethembeka kwakhe.

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— *AMahubo 98:1* —

Hubelani uSimakade ihubo elisha,  
ngokuba wenze izimangaliso,  
esokunene sakhe nengalo yakhe engcwele  
kumzuzele ukunqoba.

Ulwandle maludume nakho konke okukulo,  
nezwe nabakhileyo kulo.  
Imifula mayishaye ihlombe,  
izintaba zihube ndawonye ngentokozo,  
phambi kukaSimakade,  
ngokuba uyeza, uzokwehlulela umhlaba.  
Uzolehlulela ngokulunga izwe,  
nezizwe ngobuqotho.

*Funda futhi: AMahubo 98*

## *Ithemba*

Simakade, ngifundise  
indlela yakho,  
ungihole endleleni ehlelembekile  
ngenxa yezitha zami.  
Uze unganginikeli  
kokufiswa yizitha zami ngami,  
ngokuba ofakazi bamanga  
bangivukele,  
babhodla umlilo.  
Ngiyethemba ukuthi  
ngizobubona  
ubuhle bukaSimakade,  
ezweni labaphilayo!

Lindela uSimakade,  
uqine,  
inhliziyo yakho ime isibindi.  
Yebo, lindela uSimakade.

---

*AMahubo 37:23-26,39-40a*

USimakade uyaziqinisa izinyathelo zomuntu  
lapho eyithanda indlela yakhe.  
Uma ewa, akayukufumbeka phansi,  
ngokuba uSimakade ubamba isandla sakhe.

Kade ngimusha,  
manje sengimdala,  
kodwa angikaze ngimbone olungileyo eshiyiwe,  
nozalo lwakhe luyizinxibi.  
Uphana, atshelekise ekhululekile,  
nozalo lwakhe luyisibusiso.

Insindiso yabalungileyo ivela kuSimakade,  
uyinqaba yabo ngesikhathi senhlupheko.  
USimakade uyobasiza, abakhulule.

# *Okungukuphela kwesiqiniseko sethu*

— *AMahubo 33:16-22* —

Inkosi ayisindiswa wubuningi bempi yayo;  
iqhawe alikhululwa ngamandla alo amakhulu.  
Ihhashi lempi liyize ekunqobeni,  
alisindisi ngamandla alo amakhulu.  
Impela iso likaSimakade  
liphezu kwalabo abamesabayo,  
kulabo abethembela emseni wakhe,  
ukukhulula umphefumulo wabo ekufeni,  
nokubagcina bephilile endlaleni.

Umphefumulo wethu ulindele uSimakade;  
uwusizo lwethu nesihlangu sethu.  
Inhliziyo yethu ithokozile ngaye,  
ngoba sethamba igama  
lakhe elingcwele.  
Simakade, umusa wakho mawehlele phezu kwethu,  
njengalokhu sithamba Wena.

— *AMahubo 18:1-2,28-31* —

Ngiyakuthanda, Simakade, ongamandla ami.

Simakade, uyidwala lami nenqaba yami,  
noMkhululi wami,  
uNkulunkulu wami;  
uyidwala engikhosela kulo,  
isihlangu sami, nophondo lwensindiso yami,  
inqaba yami.

USimakade uNkulunkulu wami,  
 ukhanyisa isibani sami,  
 akhanyise ubumnyama bami.  
 Ngokuba ngawe ngingahlasela impi,  
 ngoNkulunkulu wami, ngingeqa ugange.

Indlela yakho, Nkulunkulu, iphelele,  
 izwi likaSimakade lihlanzekile,  
 uyisihlangu sabo bonke abaphephela kuye.  
 Ngokuba ngubani onguNkulunkulu  
 ngaphandle kukaSimakade na?  
 Ngubani oyidwala ngaphandle kukaNkulunkulu  
 wethu na?

## *Uthando*

— *AMahubo 118:1-5* —

Bongani uSimakade ngokuba muhle,  
 ngokuba umusa wakhe umi phakade.

Makathi u-Israyeli:

“Yebo, umusa wakhe umi phakade.”

Mayithi indlu ka-Aroni:

“Yebo, umusa wakhe umi phakade.”

Mabathi abamesabayo uSimakade:

“Yebo, umusa wakhe umi phakade.”

Osizini lwami ngakhuleka kuSimakade,  
 uSimakade wangiphendula,  
 wangihola endaweni ebanzi.

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*AMahubo 136:1-4*


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Bongani uSimakade, ngokuba muhle,  
 ngokuba umusa wakhe umi phakade.  
 Bongani uNkulunkulu wonkulunkulu,  
 ngokuba umusa wakhe umi phakade.  
 Bongani iNkosi yamakhosi,  
 ngokuba umusa wayo umi phakade;  
 yona yodwa eyenza izimangaliso ezinkulu,  
 ngokuba umusa wakhe umi phakade.

*Funda futhi: AMahubo 136; 103:8,13-18*

## *Amaculo endumiso*

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*AMahubo 89:1-2*


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Ngizohlabelela ngomusa kaSimakade  
 kuze kube phakade,  
 ngomlomo wami,  
 ngazise izizukulwane ngezizukulwane ukwethembeka  
 kwakho.  
 Ngimemezele ngithi:

“Umusa wakho umi ingunaphakade,  
 ukwethembeka kwakho ukuqinise emazulwini.”

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*AMahubo 145:8-9,14-15,18*


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USimakade unobubele nobumnene,  
 uyephuza ukuthukuthela,  
 unomusa omkhulu.

USimakade muhle kubo bonke,  
uyayihawukela imisebenzi yakhe yonke.

USimakade uyabaphasa bonke abawayo,  
abaphakamise bonke abathotshisiweyo.  
Amehlo abo bonke alinda Wena;  
uyabanika ukudla ngesikhathi esiyiso.

USimakade useduze nabo bonke abambizayo,  
bonke abambiza ngeqiniso.

---

*AMahubo 147:1,7-11*

Haleluya!  
Kumnandi kakhulu ukuhlabelelela uNkulunkulu wethu,  
ngokuba unomusa,  
indumiso imfanele.

Hubelani uSimakade ngokubonga,  
nimdumise uNkulunkulu wethu ngehabhu,  
osibekela izulu ngamafu,  
olungisela umhlaba imvula,  
ohlumisa utshani ezintabeni.  
Unika izinkomo ukudla kwazo,  
namazinyane egwababa akhalayo.

Akathokozi ngamandla ehhashi,  
akajatshuliswa yijubane lomuntu.  
USimakade ujatshuliswa ngabamesabayo,  
labo abathembela emuseni wakhe.

*Funda futhi: AMahubo 103; 145; 146; 147*

# *Ukulahlwa nokudangala*

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*AMahubo 22:1-2,4-5,24*

Nkulunkulu wami,  
Nkulunkulu wami,  
ungishiyeleni na?  
Ukude namazwi  
okububula kwami  
nokusindiswa kwami.  
Nkulunkulu wami,  
ngikhala emini,  
kepha awuphenduli,  
nasebusuku, ngingabi nakuthula.

Okhokho bethu bethembela kuwe;  
bakwethemba, Wena wabakhulula.  
Bakhala kuwe, bakhululwa;  
bethembela kuwe, abaze bajabha.

Ngokuba akamedelelanga,  
akanengwanga yinhlupheko yohlushwayo.  
Akamfihlelanga ubuso bakhe,  
kodwa wamuzwa ngesikhathi enxusa.

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*AMahubo 69:1-3,29-33*

Ngisindise, Nkulunkulu,  
ngokuba amanzi asesentanyeni.  
Ngibisha obhukwini lodaka,  
akukho ndawo yokubeka unyawo,

ngingene otweni ngathi shi,  
imisinga iyangisibekela.  
Ngikhathele wukukhala,  
umphimbo wami ugagadekile.  
Amehlo ami anqundekile  
ngukulindela uNkulunkulu wami.

Kepha mina ngihluphekile, nginobuhlungu.  
Nkulunkulu, insindiso yakho mayingilondoloze.

Ngizolibonga igama likaNkulunkulu ngehubo,  
ngimbabaze ngokubonga.  
Lokho kuzomthokozisa kakhulu uSimakade,  
ukwedlula inkabi  
noma inkunzi enezimpondo nezinselo.  
Akuthi lapho abacindezelweyo bekubona, bethabe,  
nina enifuna uNkulunkulu  
mazivuseleleke izinhliziyu zenu.  
Ngokuba uSimakade uyabezwa abentulayo,  
akabadeleli abakhe ababoshiweyo.

*Funda futhi: AMahubo 31:9-13; 130*

## *Ukusondela*

— *AMahubo 23:1-6* —

USimakade ungumelusi wami, angiyukuswela.  
Ungilalisa emadlelweni aluhlaza;  
angiyisa ngasemanzini okuphumula.  
Uvuselela umphefumulo wami.

Ungiholela ezindleleni zokulunga,  
ngenxa yeGama lakhe.  
Ngisho noma ngidabula emfundeni emnyama  
okwethunzi lokufa,  
angiyukwesaba ngozi,  
ngokuba Wena unami,  
intonga yakho nondondolo lwakho kuyangiduduza.

Udeka itafula phambi kwami,  
kubuka izitha zami.  
Ugcoba ikhanda lami ngamafutha;  
indebe yami iyachichima.  
Impela okuhle nomusa  
kuyohlala kungilandela  
imihla yonke yokuphila kwami.  
Ngiyohlala endlini kaSimakade  
kuze kube phakade.

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*AMahubo 34:17-19*

USimakade uyakuzwa ukunxusa kwabalungileyo,  
abakhulule kuzo zonke izinhlupheko zabo.  
USimakade useduze nabanhliziyo zidabukile,  
uyabasindisa abanomoya owaphukileyo.

Ziningi izinhlupheko zolungileyo,  
kepha uSimakade uyamkhulula kuzo zonke.

*Funda futhi: AMahubo 46:5-11; 139:5-10*

# Ukungabaluleki komuntu

— AMahubo 62:9-12 —

Abantukazana bangumoya nje,  
 nezikhulu zingamabunga,  
 uma bekalwa isilinganiso siyenyuka,  
 kodwa bonke balula kunomoya.  
 Maningathembeli ekuqhweni,  
 ningazigabisi ngokuphangiweyo.  
 Uma imfuyo yanda,  
 ningayibeki inhliziyi kuyo.

UNkulunkulu ukhulume kanye,  
 ngakuzwa kabili lokho:  
 amandla angakaNkulunkulu,  
 nobubele bungobakho, Nkosi.  
 Umuntu umvuza ngangokwenza kwakhe.

— AMahubo 90:3-6 —

Umuntu uyambuyisela othulini, uthi:

“Buyani, bantwana babantu.”

Ngokuba emehlweni akho  
 inkulungwane yeminyaka  
 ingangosuku lwayizolo olwedlule,  
 imfushane ngangomlindo wasebusuku.  
 Ubakhukhula njengesikhukhula;  
 banjengobuthongo, nanjengotshani obuhluma ekuseni.  
 Ekuseni buyahluma, bukhahlele,  
 kusihlwa bubune, bunqunywe.

Simakade, uyini umuntu ukuba umazi,  
nendodana yomuntu ukuba uyikhumbule na?  
Umuntu ufana nomoya;  
izinsuku zakhe zinjengethunzi elidlulayo.

## *Isidingo*

Yiba nomusa kimi, Simakade,  
ngokuba ngisenkathazweni,  
iso lami liyafiphala  
ngenxa yosizi,  
nomphefumulo  
nomzimba wami.  
Ngokuba ukuphila kwami  
kuphelela osizini,  
neminyaka yami ekububuleni;  
amandla ami aphelile  
ngokona kwami,  
namathambo ami ancunzekile.  
Ngiyisigcono sazo  
zonke izitha zami,  
ingasaphathwa-ke  
eyomakhelwane bami.  
Sengiyinto esabisayo  
kubangani bami.  
Engihlangana nabo emgwaqweni  
bayangibalekela.  
Sebengikhohliwe  
ezinhliziyweni zabo,

senginjengomuntu ofileyo,  
nesitsha esephukileyo.

Ngenxa yovalo mina ngithe:

“Ngixoshiwe phambi  
kwamehlo akho.”

Kepha ukuzwile ukunxusa kwami  
ngesikhathi ngikhala kuwe.

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*AMahubo 38:5-10,21-22*

Izilonda zami zichicha ubomvu, ziyanuka,  
ngenxa yobuwula bami.  
Ngikhonkobeke, ngithotshisiwe,  
usuku lonke ngiyazulazula, ngilila.  
Ukhalo lwami luyaqaqamba,  
akukho mpilo emzimbeni wami.  
Ngintekenteke, futhi ngitubeke kakhulu,  
ngiyakhala, ngiyaquma  
ngenxa yeminjunju enhliziyweni yami.

Nkosi, zonke izifiso zami ziphambi kwakho,  
ukububula kwami akufihlakele kuwe.  
Inhliziyo yami ishaya ngamandla,  
umzimba ushona phansi,  
kunqundeke amehlo.

Simakade, ungangishiyi,  
Nkulunkulu wami  
ungabi kude nami.  
Phuthuma ungisize,  
Nkosi, uyinsindiso yami.

Njengendluzele ilangazelela amanzi emifula,  
kanjalo umphefumulo wami  
ulangazelela Wena Nkulunkulu.  
Umphefumulo wami womele uNkulunkulu,  
uNkulunkulu ophilayo,  
ngiyakufika nini ngibonakale phambi  
kukaNkulunkulu na?  
Izinyembezi zami zingukudla kwami  
imini nobusuku,  
ngokuba usuku lonke bathi kimi:

“Uphi uNkulunkulu wakho na?”

Ngiyakukhumbula lokhu,  
ngithulule umphefumulo wami  
phakathi kwami,  
njengalokhu ngangihamba esixukwini  
ngiya naso endlini kaNkulunkulu  
ngenhlokomo yokwethaba nokubonga,  
ibandla ligubha umkhosi.  
Mphefumulo wami, kungani udangele,  
uyaluza ngaphakathi kimi na?  
Themba uNkulunkulu,  
ngokuba ngisazomdumisa  
ngokusindisa kobukhona bakhe.

*Funda futhi: AMahubo 39; 42; 43; 55:1-8*

# Usizo

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— AMahubo 46:1-3,7,10-11 —

UNKulunkulu uyisiphephelo sethu namandla ethu,  
 ufunyaniswa elusizo impela ekuhluphekeni.  
 Ngakho-ke angiyukwesaba nakuba umhlaba uguquka,  
 nezintaba zidilikela ekujuleni kolwandle,  
 nakuba amanzi alo ehlokoma, ekhephuzela,  
 nezintaba zizamazama ngokudlanga kwalo. *Sela*

USimakade Wamabandla unathi,  
 uNkulunkulu kaJakobe uyingqaba yethu. *Sela*

Thulani, niqonde  
 ukuthi Mina nginguNkulunkulu,  
 ngiyakuphakama kwabezizwe,  
 ngiphakame emhlabeni.  
 USimakade Wamabandla unathi,  
 uNkulunkulu kaJakobe  
 uyingqaba yethu. *Sela*

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— AMahubo 41:1-3 —

Ubusisiwe onakekela ohluphekayo,  
 uSimakade uyomsindisa ngosuku lwenhlopheko.  
 USimakade uyomlondoloza, amgcine ephila;  
 uyobusiswa ezweni.  
 Akayukumnikela ezifisweni zezitha zakhe.  
 USimakade uyakumsimamisa okhukhweni lokufa,  
 amphilise kuzona zonke izifo zakhe.

*Funda futhi: AMahubo 18:1-2,28-31*

# Ukungaqiniseki

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*AMahubo 62:1-2*

Mphefumulo wami, thula, ulindele  
uNkulunkulu kuphela,  
ngokuba insindiso yami ivela kuye.  
NguYena kuphela oyidwala lami  
nensindiso yami;  
inqaba yami, angisoze nganyakaziswa.

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*AMahubo 62:5-8*

Mphefumulo wami, thula,  
ulindele uNkulunkulu kuphela,  
ngokuba ithemba lami livela kuye.  
NguYena kuphela oyidwala lami,  
nensindiso yami, nenqaba yami;  
angiyukunyakaziswa.  
Ukuhlengwa kwami nodumo lwami kukuNkulunkulu,  
idwala lami eliqinileyo,  
isiphephelo sami sikuNkulunkulu.  
Bantu, yethembelani kuye ngezikhathi zonke,  
inhliziyu yenu niyithululele phambi kwakhe,  
uNkulunkulu uyisiphephelo sethu.

*Funda futhi: AMahubo 121; 123*

# Uzwelo

— *AMahubo 103:13-14* —

Njengalokhu uyise ebahawukela abantwana bakhe,  
 kanjalo noSimakade uyabahawukela abamesabayo.  
 Ngokuba uyazi ukuthi sibunjwe kanjani,  
 uyakhumbula ukuthi siluthuli nje.

— *AMahubo 31:1-5* —

Simakade, ngiphephela kuwe,  
 mangingajabhiswa naphakade,  
 ngikhulule ngokulunga kwakho.  
 Indlebe yakho ibeke kimi,  
 ungikhulule ngokushesha.  
 Yiba yidwala  
   Iokuphephela kimi,  
 inqaba eqinileyo  
 engikhosela kuyo.  
 Impela Wena uyidwala  
 lami nenqaba yami;  
 ngenxa yegama lakho  
 uyangihola,  
 ungiqondise.  
 Ngikhiphe ogibeni  
 abangicuphe ngalo,  
 ngokuba Wena  
 uyisiphephelo sami.  
 Umoya wami ngiwubeka  
 esandleni sakho,  
 ungikhululile, Simakade,  
 Nkulunkulu weqiniso.

Wena ukunakile ukuzulazula kwami,  
izinyembezi zami zethe egabheni lakho.  
Kanti azikho yini encwadini yakho na?

Izitha zami bese zibuyela emuva  
mhla ngikhalayo,  
ngiyakwazi lokhu, ukuthi uNkulunkulu unami.

*Funda futhi: AMahubo 40:1-3; 124*

## *Ubudala*

Nkulunkulu wami, ngikhulule esandleni sesikhohlakali,  
nasekuxhakathisweni yisandla sowenza okubi  
nesowonakeleyo.

Ngokuba Wena, Nkosi Simakade,  
uyithemba lami;  
ngethembele kuwe kwasebusheni bami.  
Ngancika kuwe kwasekuzalweni kwami,  
nguwe owangikhipha esibelethweni sikamame.  
Ukudumisa kwami njalo kungawe.

Kwabaningi bengifana nesimangaliso,  
kodwa Wena uyisiphephelo sami esinamandla.  
Usuku lonke, umlomo wami  
ugcwele ukukubonga nokukubabaza.

Ungangilahli ngesikhathi sobudala,  
ungangishiyi lapho sengiluphele.

*AMahubo 92:12-15*

Olungileyo uhluma njengesundu,  
 akhule njengomsedari eLebhanoni.  
 Batshalwe endlini kaSimakade,  
 bamilile emagcekeni kaNkulunkulu wethu.  
 Nalapho seabadala bayakuthela izithelo,  
 bahlume babe luhlaza,  
 ukuze bamemezele ukuthi uSimakade ulungile,  
 uyidwala lami, kuye akukho ukungalungi.

*AMahubo 71:16-20*

Ngizofika ngikubonge  
 ngezenzo zamandla zeNkosi uNkulunkulu;  
 ngizokudumisa ngokulunga kwakho,  
 kwakho wedwa.  
 Nkulunkulu, wangifundisa kwasebusheni bami,  
 namanje ngisamemezela  
 ngemisebenzi yakho emangalisayo.  
 Nalapho sengimdala, sengiyimpunga,  
 uze ungangishiyi,  
 ukuze ngishumayele ubukhulu bakho kwabasazozalwa,  
 namandla akho ezizukulwaneni.  
 Nkulunkulu, ukulunga kwakho kufinyelela ezulwini,  
 Wena owenza izinto ezinkulu.  
 Nkulunkulu, ngubani onjengawe na?  
 Wena owasikhombisa izinhlupheko ezimbi eziningi,  
 uyobuye usiphilise,  
 usikhuphule ezinzulwini zomhlaba.

*Funda futhi: AMahubo 90*

# *Insindiso*

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*AMahubo 31:1-5,15a*

Simakade, ngiphephela kuwe,  
mangingajabhiswa naphakade,  
ngikhulule ngokulunga kwakho.  
Indlebe yakho ibeke kimi,  
ungikhulule ngokushesha.  
Yiba yidwala  
  Iokuphephela kimi,  
inqaba eqinileyo  
engikhosela kuyo.  
Impela Wena uyidwala  
lami nenqaba yami;  
ngenxa yegama lakho  
uyangihola,  
ungiqondise.  
Ngikhiphe ogibeni  
abangicuphe ngalo,  
ngokuba Wena  
uyisiphephelo sami.  
Umoya wami ngiwubeka  
esandleni sakho,  
ungikhululile, Simakade,  
Nkulunkulu weqiniso.

Izikhathi zami  
zisesandleni sakho.

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*AMahubo 40:1-3*

Ngamlinda ngesineke uSimakade,  
wayesephendukela ngakimi,

wakuzwa ukunxusa kwami.  
 Wangikhipha emgodini wokubhujiswa,  
 odakeni olubishayo,  
 izinyawo zami wazibeka edwaleni,  
 wavikela izinyathelo zami.  
 Wabeka iculo elisha emlonyeni wami,  
 ihubo lokudumisa uNkulunkulu wami,  
 abaningi bayokubona lokho, besabe,  
 bese bethembela kuSimakade.

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*AMahubo 56:11-13*

Ithemba lami likuNkulunkulu, angiyukwesaba.  
 Umuntu angangenzani na?

Nkulunkulu, izifungo zami zingibophezele kuwe,  
 ngiyakunikela kuwe iminikelo yokubonga.  
 Ngokuba umphefumulo wami uwukhulule ekufeni,  
 nezinyawo zami, ekukhubekeni,  
 ukuze ngihambe phambi kukaNkulunkulu,  
 ekukhanyeni kwabaphilayo.

*Funda futhi: AMahubo 86; 30*

## *Ukulunga*

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*AMahubo 94:17-22*

Ukuba uSimakade ubengesilo usizo lwami,  
 umphefumulo wami ubuyakushesha  
 ukuhlala endaweni yabafileyo.  
 Lapho ngithi unyawo lwami lushibilikile,

umusa wakho, Simakade, wangiphasa.  
 Emicabangweni eminingi yenhliziyi yami,  
 ukududuza kwakho kuyawuthokozisa umphefumulo wami.  
 Isihlalo sobubi singahlanganyela yini nawe,  
 leso esisebenza okubi  
 kungathi kusemthethweni na?  
 Bahlangana ukuvukela umphefumulo wolungileyo,  
 balahla umuntu ongenacala ukuba afe.  
 Kepha uSimakade waba yinqaba yami,  
 uNkulunkulu wami waba yidwala engiphephela kulo.

---

*AMahubo 119:137-138*

Wena Simakade ulungile;  
 izehlulelo zakho ziqotho.  
 Ubufakazi bakho ubuqoke ngokulunga  
 nangokwethembeka okukhulu.

*Funda futhi: AMahubo 103:9-11*

## *Ukuvuma ukuba necala*

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*AMahubo 32:2-5*

Ubusisiwe umuntu uSimakade angambaleli isiphambeko,  
 okungekho nkohliso emoyeni wakhe.

Ngenkathi ngithule,  
 amathambo ami awohloka  
 ngenxa yokububula usuku lonke.  
 Isandla sakho sangicindezela kanzima  
 ubusuku nemini,

ngaphelelwa ngamandla,  
kwangathi ngihlaselwe wumoya weshisandlu.

*Sela*

Ngase ngisivuma isono sami kuwe,  
angaze ngasifihla isiphambeko sami.

Ngathi:

“Ngizozivuma iziphambeko zami kuSimakade,”  
Yena wangithethelela icala lokona kwami.

---

*AMahubo 38:3-11,18,22* —

Akukho ukuphila emzimbeni wami,  
ngenxa yentukuthelo yakho;  
amathambo ami awanampilo,  
ngenxa yesono sami.  
Ngokuba iziphambeko zami  
zedlula ikhanda lami,  
zingisinda njengomthwalo onzima.

Izilonda zami zichicha ubomvu, zianuka,  
ngenxa yobuwula bami.  
Ngikhonkobebe, ngithotshisiwe,  
usuku lonke ngiyazulazula, ngilila.  
Ukhalo lwami luyaqaqamba  
akukho mpilo emzimbeni wami.  
Ngintekenteke, futhi ngitubeke kakhulu,  
ngiyakhala, ngiyaquma  
ngenxa yeminjunju enhliziyweni yami.

Nkosi, zonke izifiso zami ziphambi kwakho,  
ukububula kwami akufihlakele kuwe.

Inhliziyo yami ishaya ngamandla,  
 umzimba ushona phansi,  
 kunqundeke amehlo.  
 Abangani nezihlobo zami bangihlubukile  
 ngenxa yokuhlupheka engikukho,  
 omakhelwane bami bahambela kude nami.

Ngyasivuma isiphambeko sami,  
 ngiyazisola ngesono sami.

Phuthuma ungisize,  
 Nkosi, uyinsindiso yami.

---

*AMahubo 51:1-4a,16-17*

Ngihawukele, Nkulunkulu,  
 ngokomusa wakho,  
 wesule iziphambeko zami  
 ngokobubele bakho obukhulu.  
 Ngigezisise ebubini bami,  
 ungihlanze esonweni sami.

Ngiyazazi iziphambeko zami,  
 isono sami siphambi kwami njalo.  
 Ngonile kuwe, kuwe wedwa,  
 ngenza okubi emehlweni akho.

Ngokuba awuwuthandi umhlatshelo,  
 noma bengizakukunika umnikelo wokushiswa,  
 ubungayukuthokoza ngawo.  
 Iminikelo kaNkulunkulu ingumoya owephukileyo.  
 Nkulunkulu, awuyukuyidelela inhliziyo eyaphukileyo  
 nedabukileyo.

---

*AMahubo 65:1-3*

---

Udumo lufanele Wena, Nkulunkulu, eZiyoni  
kuyofezeka isithembiso kuwe.  
Wena oyizwayo imikhuleko,  
bonke abantu beza kuwe.  
Iziphambeko zingigabhile,  
uyazithethelela iziphambeko zethu.

## *Ukujabha*

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*AMahubo 129:1-8*

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Bangihluphe kakhulu,  
kusukela ebusheni bami,  
makasho njalo u-Israyeli.  
Bangihlupha kakhulu,  
kodwa abangehlulanga.  
Kwaphambana imivimbo emhlane wami,  
kwangathi yimisele edatshulwe ngabalimi ensimini.  
USimakade ulungile,  
uzinqumile izintambo zezikhohlakali.

Mabajabhiswe,  
babuyiselwe emuva  
bonke abazonda iZiyoni.  
Mabafane notshani ophahleni,  
obubuna bungakakhuli.  
Ovunayo akagcwalisi ngabo isandla sakhe,  
nobopha izinyanda, izingalo zakhe.  
Abadlulayo mabathi:

“Isibusiso sikaSimakade masibe phezu kwenu;  
siyanibusisa egameni likaSimakade.”

---

*AMahubo 146:3-4*

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Ningathembeli ezikhulwini nasemadodaneni abantu,  
eningeke nathola lusizo kubo.  
Umoya wakhe uyaphuma,  
yena abuyele emhlabathini wakhe,  
ngalo lolo suku amacebo akhe ayaphela.

---

*AMahubo 126:1-6*

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Ngesikhathi uSimakade ekhulula uZiyoni,  
sasifana nabaphuphayo.  
Kwaqhuma uhleko,  
izilimi zethu zahuba ngentokozo;  
abezizwe base bekhuluma, bethi:

“USimakade ubenzele izinto ezinkulu.”

USimakade usenzele izinto ezinkulu, sajabula.

Sikhulule, Simakade, ekuthunjweni kwethu,  
sibe njengemifula eningizimu.  
Abahlwanyela ngezinyembezi  
bayakuvuna ngokuthokoza.  
Lowo ohamba ekhala,  
ephethe imbewu,  
uyakubuya ngokuthokoza,  
ethwele izinyanda zakhe.

# Ukwethembeka

— *AMahubo 119:89-91* —

Simakade, izwi lakho  
 limi liqinile ezulwini,  
 kuze kube phakade.  
 Ezizukulwaneni ngezizukulwane  
 ukwethembeka kwakho kukhona;  
 wamisa umhlaba; usemi.  
 Ngokwezehlulelo zakho  
 kusekhona nanamuhla,  
 ngokuba konke kuyizinceku zakho.

— *AMahubo 89:1-4* —

Ngizohlabelela ngomusa kaSimakade  
 kuze kube phakade,  
 ngomlomo wami,  
 ngazise izizukulwane ngezizukulwane ukwethembeka  
 kwakho.  
 Ngimemezele ngithi:

“Umusa wakho umi ingunaphakade,  
 ukwethembeka kwakho ukuqinise emazulwini.”

Ngenzile isivumelwano nokhethiweyo wami,  
 ngafunga kuDavide, inceku yami, ngathi:

“Uzalo lwakho ngizoluqinisa kuze kube phakade,  
 isihlalo sakho sobukhosi  
 ngisisimamise izizukulwane ngezizukulwane.”

*Sela*

Simakade, izimangaliso zakho ziyodunyiswa ngamazulu,  
ukwethembeka kwakho, ebandleni labangcwele.  
Ngubani osemafini ongalinganiswa noSimakade na?  
Ngubani phakathi kwamadodana kaNkulunkulu  
ongafaniswa noSimakade na?  
UNkulunkulu uyesabeka kakhulu emkhandlwini  
wabangcwele,  
umelwe ukuhlonishwa kakhulu  
yibo bonke abamzungezileyo.  
Simakade, Nkulunkulu Wamabandla,  
ngubani onjengawe na?  
Somandla, Simakade,  
ukwethembeka kwakho kukuzungezile.

*Funda futhi: AMahubo 48; 23; 89; 90:1-2,14-17*

## Ukuphepha

Kuwena, Simakade, ngiyakhosela,  
mangingajabhi naphakade.  
Ngokulunga kwakho ngikhulule, ungihlenge;  
beka indlebe yakho kimi, ungisindise.  
Yiba yidwala lami lokukhosela,  
engiza kulo njalo;  
uyalezile ukuba ngisindiswe,  
ngokuba uyidwala lami nenqaba yami.

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*AMahubo 139:1-5*

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Wena Simakade ungihlolisile, uyangazi.  
Uyakwazi ukuhlala kwami nokuma kwami,  
uqonda umcabango wami ukude.  
Uhlola ukuhamba kwami nokulala kwami,  
uzazi zonke izindlela zami.  
Ngaphambi kokuba ngiphimise izwi  
ngomlomo wami,  
Wena Simakade usuke usukwazi konke.  
Ungizungeze ngemuva nangaphambili,  
wabeka isandla sakho phezu kwami.

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*AMahubo 118:5-9*

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Osizini lwami ngakhuleka kuSimakade,  
uSimakade wangiphendula,  
wangihola endaweni ebanzi.  
USimakade ungakimi, angiyukwesaba,  
umuntu angangenzani na?  
USimakade ungakimi ekanye nabangisizayo,  
ngalokho ngiyakubabuka bephansi abangizondayo.  
Kuhle ukuphepha kuSimakade kunokwethemba umuntu.  
Kuhle ukuphepha kuSimakade, kunokwethemba izikhulu.

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*AMahubo 57:1-3,7*

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Yiba nomusa kimi, Nkulunkulu, ngihawukele.  
Ngokuba umphefumulo wami uphepha kuwe.  
Ngizokhosela emthunzini wamaphiko akho,  
zize zedlule izinhlekelele.

Ngizokhala kuNkulunkulu oPhezukonke,  
kuNkulunkulu onginghindiselelayo.  
Uzothumela esezulwini, angisindise.  
Uyamsola ofuna ukungifihliza.

*Sela*

Inhliziyo yami yethabile, Nkulunkulu,  
inhliziyo yami igxilile.  
Ngizohlabelela, ngihube.

---

*AMahubo 46:1-3*

UNKulunkulu uyisiphephelo sethu namandla ethu,  
ufunyaniswa elusizo impela ekuhluphekeni.  
Ngakho-ke angiyukwesaba nakuba umhlaba uguquka,  
nezintaba zidilikela ekujuleni kolwandle,  
nakuba amanzi alo ehlokoma, ekhephuzela,  
nezintaba zizamazama ngokudlanga kwalo.

*Sela*

---

*AMahubo 46:10-11*

Thulani, niqonde  
ukuthi Mina nginguNkulunkulu,  
ngiyakuphakama kwabezizwe,  
ngiphakame emhlabeni.  
USimakade Wamabandla unathi,  
uNkulunkulu kaJakobe  
uyinqaba yethu.

*Sela*

*Funda futhi: AMahubo 131; 119:114; 34*

# Ukuthethelela

— AMahubo 32:5-7 —

Ngase ngisivuma isono sami kuwe,  
angaze ngasifihla isiphambeko sami.

Ngathi:

“Ngizozivuma iziphambeko zami kuSimakade,”  
Yena wangithethelela icala lokona kwami.

Makuthi bonke abethembekileyo bakhuleke kuwe  
ngesikhathi senhlupheko;  
impela isikhukhula esinamandla asiyukufinyelela kubo.  
Wena uyindawo yami yokubhaca,  
uyangivikela enkathazweni,  
ungiphahla ngenjabulo yokukhululwa.

*Sela*

— AMahubo 103:8-13 —

USimakade unobubele nesihawu,  
uyephuza ukuthukuthela, uvame umusa.  
Akathethi njalonjalo,  
akayigcini intukuthelo yakhe  
kuze kube phakade.  
Akasiphathi njengokufanele izono zethu,  
akasivuzi njengokwamacala ethu.  
Ngokuba njengokuphakama kwezulu phezu komhlaba,  
unjalo umusa wakhe phezu kwabamesabayo.  
Njengokuba impumalanga yahlukene nentshonalanga,  
uzidedise kangako iziphambeko zethu.

Njengalokhu uyise ebahawukela  
 abantwana bakhe,  
 kanjalo noSimakade uyabahawukela  
 abamesabayo.

---

— *AMahubo 51:5-7* —

Impela ngazalelwa ebubini,  
 umame wangikhulelwa esonweni.  
 Wena uthanda iqiniso ngaphakathi enhliziyweni,  
 uyongifundisa ukuhlakanipha ekujuleni kwenhliziyo.

Ngihlanze ngehisophi, ngihlambuluke,  
 ngigeze, ngibe mhlophe kuneqhwa.

*Funda futhi: AMahubo 32*

## *Ukukhululwa*

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— *AMahubo 39:11-12* —

Umuntu uyamjezisa ngenxa yesono sakhe,  
 lokho okuligugu kuye,  
 ukudla njengobuvunya, kuphele nya,  
 wonke umuntu ungumoya nje.

*Sela*

“Simakade, yizwa umkhuleko wami,  
 ubeke indlebe ekunxuseni kwami,  
 izinyembezi zami mazingakuniki ukuthula.  
 Ngokuba kuwe ngingumfokazi,  
 isihambi, njengokhokho bami.”

*AMahubo 65:1-5*

Udumo lufanele Wena, Nkulunkulu, eZiyoni  
 kuyofezeka isithembiso kuwe.  
 Wena oyizwayo imikhuleko,  
 bonke abantu beza kuwe.  
 Iziphambeko zingigabhile,  
 uyazithethelela iziphambeko zethu.  
 Ubusisiwe okhethwe nguwe, wamsondeza  
 ukuba ahlale emagcekeni akho.  
 Siyosuthiswa ngokuhle okuvela endlini yakho,  
 ithempeli lakho elingcwele.

Uyakusiphendula ngezenzo ezesabekayo ekulungeni,  
 Nkulunkulu wensindiso yethu.  
 Wena uyithemba lemikhawulo yonke yomhlaba  
 nelolwandle olukude.

*AMahubo 68:19-20*

Mayibongwe iNkosi esithwalela imithwalo yethu  
 imihla ngemihla,  
 uNkulunkulu uyinsindiso yethu.

*Sela*

UNkulunkulu wethu unguNkulunkulu okhululayo,  
 ukukhulula ekufeni kungokukaSimakade, iNkosi.

*Ukungaphathwa kahle**AMahubo 10:1,4-5,12,14,16-17*

Simakade, kungani umele kude na?  
 Uzifihlalani ngezikhathi zokuhlupheka na?

Isikhohlakali siyazigqaja,  
asifuni ukubuyela kuwe,  
ngisho nje ukuba sicabange ngawe.  
Izindlela zaso zethembekile izikhathi zonke;  
izehlulelo zakho ziphakeme kakhulu  
kunokubona kwaso;  
zonke izitha zaso uyazidelela.

Simakade Nkulunkulu, yima ngomumo!  
Bonakalisa amandla akho,  
ungamkhohlwa osekhluphekeni.

Kepha Wena uyamqaphela osenkathazweni nasosizini,  
wenze okuthile ngaye.  
Abampofu bangethembela kuwe,  
nezintandane ngokunjalo.

USimakade uyobusa ingunaphakade,  
abezizwe babhujiswe ezweni lakho.

Simakade, uyakuzwa ukukhala  
kokulangazelela kwabahluphekileyo.  
Ubanikeza ithemba,  
bese ukulalela ukukhala kwabo  
becela usizo.

---

*AMahubo 73:1-3,16-17,23-25,28*

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UNKulunkulu umnene impela ku-Israyeli,  
kulabo abanenhliziyo ehlanzekileyo.

Kepha mina izinyawo zami  
zicishe zakhubeka,

kwasala kancane  
 ukuba izinyathelo zami zishibilike.  
 Ngaba nomhawu ngabazidlayo,  
 lapho ngibona ababi bephumelela.

Kwathi ngicabanga ukuba ngikuqonde lokho,  
 kwaba luhlupho emehlweni ami,  
 ngaze ngangena endlini engcwele kaNkulunkulu,  
 ngaqaphelisisa ukugcina kwabo.

Kepha mina ngiyakube nginawe njalo,  
 ungibambile ngesandla sami sokunene.  
 Uyakungihola ngesiluleko sakho,  
 andukuba ungamukele enkazimulweni.  
 Nginobani ezulwini na?  
 Uma nginawe, angifuni lutho emhlabeni.

Kepha mina kungilungele  
 ukusondela kuNkulunkulu,  
 ngiyenzile iNkosi uSimakade  
 ibe yisiphephelo sami,  
 ukuze ngishumayele zonke izenzo zakho.

## *Isilingo*

— *AMahubo 141:3-5,8* —

Simakade, bekela umlomo wami umlindi,  
 ugcine umnyango wezindebe zami.  
 Ungayiphenduleli inhliziyi yami entweni embi  
 ukuba ngenze imisebenzi yenkohlakalo  
 kanye nabantu abenza inkohlakalo,

ningadli izibiliboco zabo.  
Olungileyo makangishaye, kungumusa kimi;  
angisole, kungamafutha ekhanda;  
ikhanda lami malingawenqabi,  
ngokuba umkhuleko wami  
umelane nobubi babo.

Amehlo ami akuwe Simakade, Nkosi yami,  
mina ngiphephela kuwe,  
uze ungangishiyi ngingenamvikeli.

## *Ukucwaswa*

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*AMahubo 74:1-2,12*

Nkulunkulu, usilahleleni kwaze kwaba phakade na?  
Izimvu zedlelo lakho uzithunqiselelani  
ngentuthu yolaka lwakho na?  
Khumbula ibandla lakho owalizuza kwasemandulo,  
walikhulula ukuze libe  
yisizwe esiyifa lakho,  
nentaba iZiyoni ohlala kuyo.

UNKulunkulu uyiNkosi yami  
kuze kube phakade,  
nguye owenza insindiso emhlabeni.

---

*AMahubo 44:23-26*

Vuka, Nkosi!  
Ulaleleni na?  
Ungasilahli njalonjalo.  
Ubufihlelani ubuso bakho,

ukhohlwe ukuhlupheka  
nokucindezelwa kwethu na?

Ngokuba sibishe othulini;  
imizimba yethu  
inamatele emhlabathini.  
Sukuma, usisize.  
Sihlengi ngenxa  
yomusa wakho.

*Funda futhi: AMahubo 22*

## *Induduzo*

— *AMahubo 147:2-6* —

USimakade wakha iJerusalema,  
uqoqa abakwa-Israyeli ababexoshiwe.  
Welapha abanhliziyo zephukile,  
abophe izilonda zabo.

Ubala inani lezinkanyezi,  
azibize zonke ngamagama.  
INkosi yethu inkulu,  
makhulu amandla ayo;  
ukuqonda kwayo akunakulinganiswa.  
USimakade uyabaphakamisa abathobekileyo,  
izikhohlakali uziqumba phansi.

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*AMahubo 119:49-50*

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Khumbula izwi owalisho encekwini yakho,  
owangenza ngalo ngaba nethemba.  
Lokhu kuyinduduzo ekuhluphekeni kwami,  
ngokuba izwi lakho lingiphilisile.

---

*AMahubo 131:1-3*

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Simakade, inhliziyo yami ayizigabisi,  
namehlo ami awaziphakamisi,  
angingeni ezindabeni ezinkulu  
nasezintweni ezingehlulayo.  
Ngiwududuzile, ngawuthulisa umphefumulo wami,  
njengomntwana elunyulwa ebeleni likanina,  
unjalo-ke nomphefumulo wami  
ngaphakathi kimi.

Israyeli, yethemba uSimakade  
kusukela manje kuze kube phakade.

*Funda futhi: AMahubo 126; 135; 23*

## *Ithemba*

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*AMahubo 27:1-3*

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USimakade ungukukhanya kwami  
nensindiso yami.  
Ngubani engingamesaba na?  
USimakade uyinqaba  
yokuphila kwami.

Ngubani engingaba  
 novalo ngaye na?  
 Lapho abenzi bokubi  
 besondela kimi  
 ukuba bangisoconge,  
 abamelene nami  
 nezitha zami  
 bayokhubeka,  
 baqumbeke phansi.  
 Noma impi ingakanisa  
 imelane nami,  
 inhliziyo yami ayiyukwesaba,  
 ngisho impi ingangivukela,  
 nokho ngiyoba neqholo.

---

*AMahubo 20:1-2,7-9*

USimakade makakuphendule ngosuku lwenhlopheko.  
 Igama likaNkulunkulu kaJakobe malikuvikele.  
 Makakuthumelele usizo oluvela endlini engcwele,  
 akweseke eseZiyoni.

Abanye bagabe ngezinqola zempi,  
 abanye ngamahhashi,  
 kodwa thina sethembele egameni likaSimakade  
 uNkulunkulu wethu.  
 Bayowa bashaye ngamadolo phansi,  
 kepha thina siyovuka, sime.

Sindisa, Simakade!  
 INkosi mayisiphendule  
 ngosuku lokukhala kwethu.

Mphefumulo wami, thula, ulindele  
 uNkulunkulu kuphela,  
 ngokuba insindiso yami ivela kuye.  
 NguYena kuphela oyidwala lami  
 nensindiso yami;  
 inqaba yami, angisoze nganyakaziswa.

Mphefumulo wami, thula,  
 ulindele uNkulunkulu kuphela,  
 ngokuba ithemba lami livela kuye.  
 NguYena kuphela oyidwala lami,  
 nensindiso yami, nenqaba yami;  
 angiyukunyakaziswa.  
 Ukuhlengwa kwami nodumo lwami kukuNkulunkulu,  
 idwala lami eliqinileyo,  
 isiphephelo sami sikuNkulunkulu.  
 Bantu, yethembelani kuye ngezikhathi zonke,  
 inhliziyo yenu niyithululele phambi kwakhe,  
 uNkulunkulu uyisiphephelo sethu.

*Funda futhi: AMahubo 56:3-4,8; 21; 63*

## *Ukungabaza*

Thumela ukukhanya kwakho neqiniso lakho,  
 makungihole kungiyise entabeni yakho engcwele,  
 nasezindlini zakho,  
 ngize ngifike e-althare likaNkulunkulu,  
 kuNkulunkulu oyinjabulo yami

nokwethaba kwami;  
ngikudumise ngokhehlegume,  
Nkulunkulu, Nkulunkulu wami.

Mphefumulo wami, kungani udangele,  
uyaluza ngaphakathi kwami na?  
Themba uNkulunkulu,  
ngokuba ngisazomdumisa uMsindisi wami,  
noNkulunkulu wami.

---

*AMahubo 125:1-2*

Abamethembayo uSimakade bafana nentaba iZiyoni  
engenakunyakaziswa, kepha emi phakade.  
Njengalokhu izintaba zizungeze iJerusema,  
noSimakade ubazungeze kanjalo abantu bakhe  
kusukela manje  
kuze kube phakade.

## *Ukwesaba ubunzima*

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*AMahubo 55:1-8*

Nkulunkulu, lalela umkhuleko wami,  
ungazifihli ekunxuseni kwami.  
Ngizwele, ungiphendule;  
ngikhathazekile, ngiyabubula, ngixakekile,  
ngenxa yezwi lesitha,  
nangenxa yokucindezela komubi,  
bagingqela okubi phezu kwami,  
bangizingela bengithukuthelele.

Inhliziyo yami iyathuthumela ngaphakathi,  
ukwesaba ukufa kungehlele.  
Nginengebhe, ngiyaqhaqhazela,  
ngikhungethwe wukwesaba.  
Ngibe sengithi:

“Ukuba benginamaphiko njengejuba,  
ngabe ngindizela kwelikude,  
ngihlale khona nginethezeke.”

Bengiyakubaleka, ngiye kude,  
ngihlale ehlane.

*Sela*

Bengizophuthuma ngithole umpheme  
ukuze ngiphephe ezivunguvungwini naseziphephweni.

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*AMahubo 55:16-18,22*

Kepha mina ngizokhala kuNkulunkulu  
uSimakade, uzongisindisa.  
Ekuseni, emini nantambama ngizokhala kuye, ngibubule,  
uzolizwa izwi lami.  
Uyakuwukhulula umphefumulo wami ngokuthula,  
empini engibhekene nayo,  
ngokuba baningi abamelene nami.

Phonsa umthwalo wakho kuSimakade,  
Yena uzokusimamisa.  
Akayukuvuma naphakade  
ukuba olungileyo azanyazanyiswe.

## *Ukulahlekelwa yithemba*

— *AMahubo 61:1-5* —

Nkulunkulu, yizwa ukukhala kwami,  
 ubeke indlebe emkhulekweni wami.  
 Ngisemkhawulweni womhlaba, ngikhala kuwe  
 lapho inhliziyo yami idangele.  
 Ngiholele edwaleni eliphakemeyo kunami.  
 Ngokuba Wena ube yisiphephelo sami,  
 umbhoshongo oqinileyo phambi kwesitha sami.

Mangihlale ethendeni lakho ingunaphakade.  
 Mangikhosele emthunzini wamaphiko akho.

*Sela*

Ngokuba Wena, Nkulunkulu,  
 uzizwile izifungo zami,  
 wanginika isabelo salabo  
 abesaba igama lakho.

*Funda futhi: AMahubo 69; 77; 86*

## *Intando kaNkulunkulu*

— *AMahubo 25:4-7* —

Simakade, ngazise izindlela zakho,  
 ungifundise imendo yakho.  
 Ngiholele eqinisweni lakho, ungifundise,  
 ngokuba Wena unguNkulunkulu wensindiso yami;  
 ngethembele kuwe njalo.  
 Simakade, khumbula umusa wakho kithi,

nesihawu sakho,  
ngokuba kukhona kwaphakade.  
Ungazikhumbuli izono zobusha bami  
neziphambeko zami,  
ngokwesihawu sakho ngikhumbule,  
ngenxa yokulunga kwakho, Simakade!

*Funda futhi: AMahubo 119:5-16,105*

## *Ukuzabalaza noma ukuhlubuka*

— *AMahubo 13:1-6* —

Simakade, kuyoze kube nini  
ungikhohliwe unomphela na?  
Kuyoze kube nini  
ungifihlela ubuso bakho na?  
Kuyoze kube nini  
ngithwele ubuhlungu emphefumulweni wami,  
nosizi enhliziyweni yami, usuku lonke na?  
Kuyoze kube nini isitha singiqonela na?

Ngibheke, ungiphendule, Simakade,  
Nkulunkulu wami.  
Letha injabulo emehlweni ami,  
ngingaze ngilale ubuthongo bokufa;  
funa isitha sami, sithi:

“Ngimehlule.”

Nabamelene nami bajabule  
ngokuba nginqotshiwe.

Kepha mina ngethembele emseni wakho,  
inhliziyi yami mayethabe ngensindiso yakho.  
Ngizohlabela kuSimakade ngokuba ungenzele okuhle.

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— *AMahubo 130:1-8* —

Ngikhala kuwe Simakade ngiphansi otweni.  
Nkosi, yizwa izwi lami;  
izindlebe zakho mazilalele izwi  
lokunxusa kwami.

Uma Wena Simakade ungaqaphela iziphambeko,  
Nkosi, ngubani ongema na?  
Kepha ukuthethelela kukuwe, ukuze wesatshwe.

Ngizolindela uSimakade,  
umphefumulo wami uzolinda,  
ngiyalethemba izwi lakhe.  
Umphefumulo wami ulindela iNkosi  
kunabalindi abalindela ukusa.

U-Israyeli makethembe uSimakade,  
ngokuba umusa ukuSimakade,  
nokukhulula konke kukuye.  
Uyomhlenga u-Israyeli  
kuzona zonke iziphambeko zakhe.

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— *AMahubo 28:1-2,6-8* —

Ngikhala kuwe, Simakade; Dwala lami,  
ungazenzi isithulu kimi,  
funa uma uthalalisa,

ngifane nalabo abehlela egodini.  
Yizwa izwi lokunxusa kwami,  
njengoba ngikhala kuwe,  
ngiphakamisela izandla zami  
endaweni yakho engcwelengcwele.

Makabongwe uSimakade,  
ngokuba ulizwile izwi lokunxusa kwami.  
USimakade ungamandla ami, nesihlangu sami,  
inhliziyo yami yethembele kuye,  
yingakho ngisizakele,  
inhliziyo yami iyethaba.  
Ngizomdumisa ngehubo lami.

USimakade ungamandla abantu bakhe.  
Uyinqaba eyinsindiso yogcotshiweyo wakhe.  
Sindisa abantu bakho,  
ubusise ifa lakho, ubeluse,  
ubathwale, kuze kube phakade.

*Funda futhi: AMahubo 22; 88; 77*